

# You Yangs Regional Park

## Stockyards Mountain Bike Area



### ■ 2 - Inner Loop 2.1km

Flowing single track linking the majority of the tracks together, providing an excellent starting place to plan your route. Best ridden in an anti-clockwise direction.

### ■ 3 - Dam View 500m

Short fast single track linking Inner Loop Track to Stockyards Management Track, good views of the surrounding landscape make for an enjoyable ride.

### ■ 4 - Rockwell Run 1.8km

Long looping single track that provides an ideal climb from Inner Loop track to the Stockyards Management Track. This trail offers a long gentle climb following the contours through native wattles and impressive granite tors.

### ■ 5 - Quarry Pit 1.8km

Tight twisting single track perfect for the intermediate rider looking to improve their skills. Includes a diverse landscape experience with large gums, thick wattles, rock outcrops and quarry views combined.

### ◆ 6 - Lactic Acid 900m

Short fast flowing single track which includes inclined earthen berms and challenging obstacles. Impressive views of the dams and trademark You Yangs rock features.

### ◆ 7 - Travs Diamond 1.8km

Includes sections through tight twisting single track with plenty of technical rocky sections, inclined wooden and earth berms, boardwalks and challenging climbs when ridden in both directions, perfect for the experienced rider.

### ◆ 9 - Boulder Track 1.2km

Long single track with technical flowing sections and difficult obstacles. This track typifies what the You Yangs are known for: Big rocks, sweet berms, challenging climbs and enviable views.

### ◆◆ 10 - Turbulence 1.5km

The most advanced trail at the You Yangs. Features extremely technical terrain including rock gardens, logs, jumps, berms, bridges and steep drops. No room for error among dense vegetation. This trail is for downhill specific bikes, full body protection is recommended. This is a one way track.

### ■ 11 - Trilogy 500m

A world class riding experience, Trilogy offers a perfect playground to hone your riding skills on a highly altered trail surface

### ◆◆ 12 - Bandages or Glory 1.5km

Downhill Riders Only - Designed as a competition DH track, it features extremely technical terrain including rock gardens, logs, jumps, berms, bridges and steep drops. No room for error amongst dense vegetation. This trail is for downhill specific bikes, full body protection is recommended. This is a one way track.

### ◆ 13 - Cressy Descent 1.5km

Long fast single track, combined with technical twisting sections, large berms and jumps throughout. Perfect for the more experienced rider. This is a one way track.

### ■◆ 14 - Junction Track 4.5km

A diverse trail linking the Stockyards and Kurrajong areas, this track has a number of dirt jumps, rock gardens and flowing earth berms, suitable to be ridden in both directions this track provides a challenging climb when heading from Kurrajong to Stockyards. The northern section includes flowing earth berms and boardwalks through open Eucalypt.

#### Trail warnings



Caution



Extreme caution



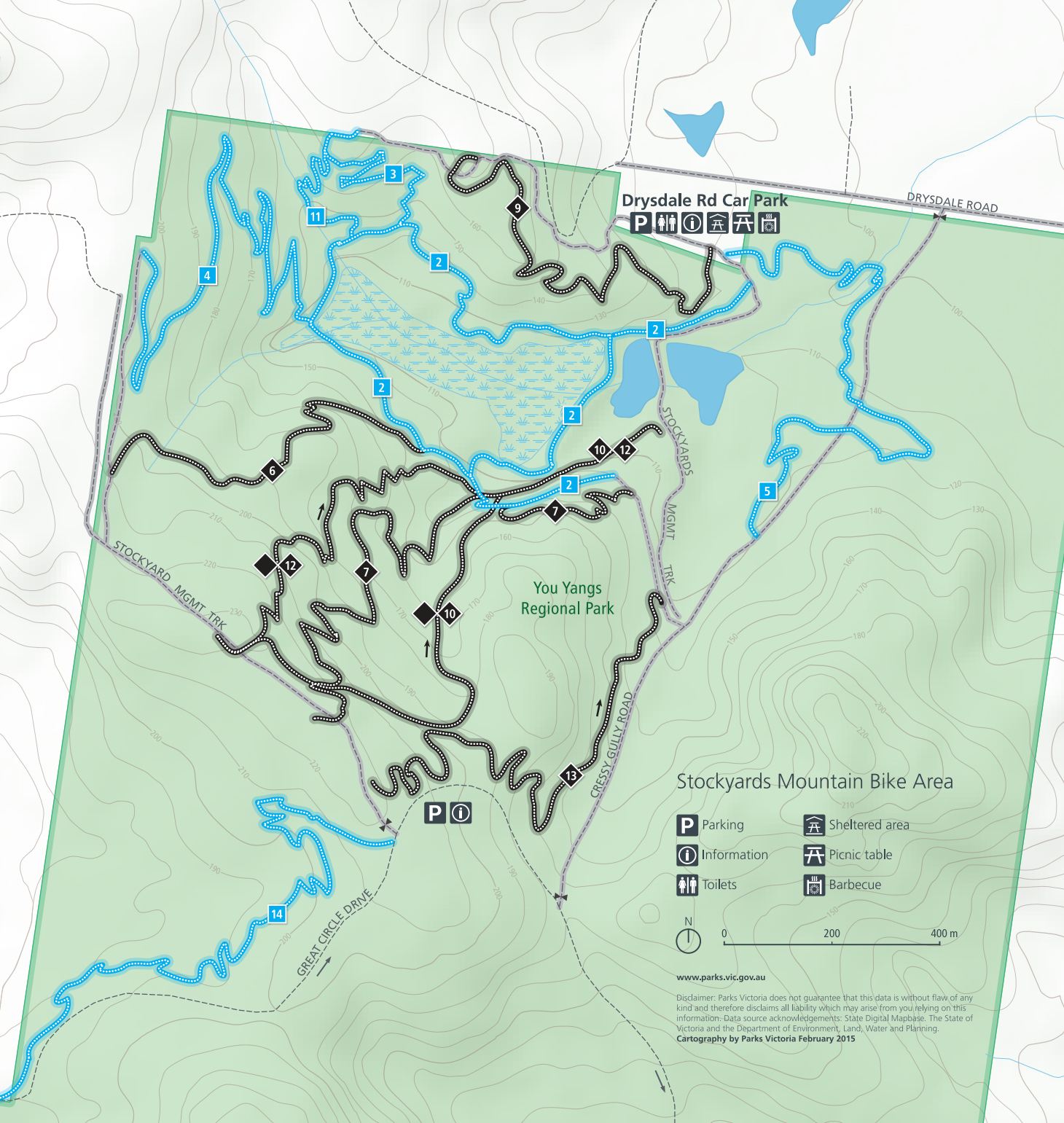
Do not enter

This trail network has been constructed and maintained by Parks Victoria and a number of dedicated volunteers. If you find any damage or have comments on the trails please email: [youyangsrecreation@parks.vic.gov.au](mailto:youyangsrecreation@parks.vic.gov.au) For further information please call Parks Victoria on **13 1963** or visit the Park Office.

#### Emergency Information

Emergency Markers are located throughout the park. In case of an emergency call 000 and quote the nearest emergency marker number eg. YYR106. Parks Victoria rangers may need to be notified to assist in opening gates to ensure rapid emergency response. To contact a ranger call 13 1963 or 0408 512 580.





### IMBA rules of the trail

- 1. Ride open trails:** Respect trail and road closures — ask a land manager for clarification if you are uncertain about the status of a trail. Do not trespass on private land. Obtain permits or other authorisation as required.
- 2. Leave no trace:** Be sensitive to the dirt beneath you. Wet and muddy trails are more vulnerable to damage than dry ones. When the trail is soft, consider other riding options. This also means staying on existing trails and not creating new ones. Don't cut switchbacks. Be sure to pack out at least as much as you pack in.
- 3. Control your bicycle:** Inattention for even a moment could put yourself and others at risk. Obey all bicycle speed regulations and recommendations, and ride within your limits.
- 4. Yield appropriately:** Do your utmost to let your fellow trail users know you're coming — a friendly greeting or bell ring are good methods. Try to anticipate other trail users as you ride around corners. Bicyclists should yield to other non-motorised trail users, unless the trail is clearly signed for bike-only travel. Bicyclists traveling downhill should yield to ones headed uphill, unless the trail is clearly signed for one-way or downhill-only traffic. In general, strive to make each pass a safe and courteous one.
- 5. Never scare animals:** Animals are easily startled by an unannounced approach, a sudden movement or a loud noise. Give animals enough room and time to adjust to you. When passing horses, use special care and follow directions from the horseback riders (ask if uncertain). Running cattle and disturbing wildlife are serious offenses.
- 6. Plan ahead:** Know your equipment, your ability and the area in which you are riding and prepare accordingly. Strive to be self-sufficient: keep your equipment in good repair and carry necessary supplies for changes in weather or other conditions. Always wear a helmet and appropriate safety gear.

### Trail grading

- Easy
- More Difficult
- ◆ Very Difficult
- ◆◆ Extremely Difficult

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