

Wilsons Promontory National Park



Walking at Wilsons Prom

The Prom offers wonderful walking opportunities for visitors of all ages and fitness levels. From short walks to day walks, pristine beaches to temperate rainforest, towering sand dunes to lookouts offering spectacular panoramic views, Wilsons Promontory has it all.

2011 flood recovery advice

- Sections of the Prom still remain inaccessible due to the extensive damage from the March 2011 flood event. For your safety and to help the Prom recover, please abide by these closures
- Parks Victoria will reopen closed tracks and roads as soon as scheduled works have been completed and the area has been deemed safe.

Be prepared

Carry water with you and/or know how to make untreated water safe for drinking. **Unless otherwise stated, times and distances are given for one way travel at a gentle pace.**

Short walks and beach access near Tidal River

1. Norman Beach

(Various access points, distances & times. Easy)

Close to the Tidal River campground and flanked by Norman Point and Pillar Point, Norman Beach offers stunning views of Mt Oberon. Access from 2nd ramp at the Norman Beach car park or from 3rd, 4th or 5th ramp along 34th Avenue.

Surfing only permitted south of 5th ramp.

2. Little Oberon Bay via South Norman beach and Norman Point

(4.1 km, 1.5 hours. Easy / moderate)

Start at the Tidal River Visitor Centre, follow the track past the Terrace toilet block and veer left at the junction. The track meanders over Tea Tree shrouded sand dunes from Tidal River to the southern end of Norman Beach (1.5 km) then climbs gently around the side of Norman Point to Little Oberon Bay. The walk provides fantastic views across the Wilsons Promontory Marine National Park to the Anser and Glennie Island groups. These islands include Cleft Island, which is more popularly referred to as Skull Rock. Norman Point is 300 metres from the main track **Beware of unprotected cliffs.**

3. Squeaky Beach

(300 metres from car park. Easy)

One of the iconic locations at the Prom, Squeaky Beach has rounded quartz sand that 'squeaks' when you walk on it. The rock formations at the north end of the beach create a maze of passages for fun exploration.

4. Squeaky Beach Track

(2.1 km, 50 minutes. Moderate)

Starting at the footbridge over Tidal River, this popular walk is moderately steep on both sides. The track offers spectacular coastal views as it climbs up and over the headland that separates Norman and Leonard Bays and descends to Squeaky Beach.

5. Tidal Overlook

(2.4 km, 1 hour. Moderate)

Tidal Overlook is a vantage point between Norman and Leonard Bays. Enjoy the views at the *Quiet Place*, a special area dedicated to rangers worldwide who have lost their lives in the line of duty. Start at the Tidal River footbridge.

6. Squeaky Beach via Picnic Bay

(2.5km, 1 hour, Moderate)

This coastal track combines the best of both beaches as it winds its way over Leonard Point to Squeaky Beach. Start at the Picnic Bay car park and walk to the southern end of Picnic Beach.

7. Picnic Bay

(400 metres from car park. Moderate)

From the Picnic Bay car park a steep track with some steps leads down to this beautiful beach. Rock formations at both ends of the beach offer a range of intertidal rock pools to explore. *Picnic Point and Whisky Bay remain closed.*

8. Pillar Point *(Various distances and times, Easy / Moderate)*

Pillar Point is an outcrop of granite boulders providing breathtaking views of Norman and Squeaky Beaches and the Prom's offshore islands. Pillar Point can be accessed from Lilly Pilly Gully car park (3km), Squeaky Beach (2.8km) or Tidal River (1.8 km).

Wilson's Promontory National Park



Short Walks and Beach access near Tidal River

Number	Name	MAP
1	Norman Beach	A
2	South Norman/Norman Point/Little Oberon Bay	A
3	Squeaky Beach	A
4	Squeaky Beach Track	A
5	Tidal Overlook	A
6	Squeaky Beach via Picnic Bay	A
7	Picnic Bay	A
8	Pillar Point	A
9	Lilly Pilly Link Track	A
10	Lilly Pilly Gully Nature Walk	A
11	Lilly Pilly Gully Circuit	A
12	Mt Bishop Track	A
13	Darby Beach Walk	A

Short Walks in the North

Number	Name	MAP
14	Millers Landing Nature Walk	B
15	Vereker Outlook	B
16	Millers Landing Link Track	B
17	Big Drift	B
18	Shallow Inlet	B
19	Woodland Walk	B

Day Walks

Number	Name	MAP
20	Picnic Bay, Squeaky Beach, Tidal Overlook, Lilly Pilly Carpark	A
21	Darby Saddle to Tongue Point	A
22	Darby River to Tongue Point	A
23	Darby River, Fairy Cove, Tongue Point, Darby Saddle	A

Recreational Facilities

- Parking
- Park Information
- Toilets
- Walking Track
- Lookout
- Camping
- Medical Centre

Open Roads/Tracks

- Sealed Road
- Unsealed Road
- Walking Track

Closed Roads/Tracks

- Sealed Road
- Walking Track

Wilson's Promontory National Park

- Marine National Park
- Bridge
- Emergency Assembly Area

www.parks.vic.gov.au

Disclaimer: Parks Victoria does not guarantee that this data is without flaw of any kind and therefore disclaims all liability which may arise from you relying on this information.

Geocentric Datum of Australia (GDA 94) Zone 55. Map produced by Parks Victoria. This map supersedes all previous editions. Data source acknowledgements: State Digital Mapbase. The State of Victoria and Department of Sustainability and Environment.

Cartography by Parks Victoria February 2012

9. Lilly Pilly Link Track

(1 km, 20 minutes. Easy. Suitable for prams)

Starting at the Tidal River footbridge, this easy stroll commands stunning views of Norman Beach and Tidal River campground and catchment. Spectacular spring wildflower displays can be seen in the coastal heathland. The track links Tidal River with walks starting from the Lilly Pilly Gully car park.

10. Lilly Pilly Gully Nature Walk

(2.6 km, 1 hour. Easy. Suitable for prams)

Starting at the Lilly Pilly Gully car park, this walk provides a glimpse into the Prom's forested interior, traversing heathland, eucalypt forest and a boardwalk through stands of warm temperate rainforest. After soaking up the magic of the rainforest, retrace your steps to the car park.

11. Lilly Pilly Gully Circuit

(5.8 km, 2 - 3 hours return. Moderate)

The circuit track starts at the Lilly Pilly Gully car park (to the left of the toilets) and climbs across the southern face of Mt Bishop through stringy-bark forest and granite boulders. Enjoy the views before descending to the lush rainforest of Lilly Pilly Gully. Return to the car park via walk 10 described above.

12. Mt Bishop Track (3.7 km, 1 hour. Moderate)

Start at the Lilly Pilly Gully car park (to the left of the toilets). Take the circuit track (walk 11) and turn off at Mt Bishop track. The rocky summit of Mt Bishop offers magnificent views of the Prom's west coast and off shore islands. Retrace your steps to the car park or return via Lilly Pilly Gully (walk 10).

Beware of unprotected cliffs.

13. Darby Beach (1.1 km from car park. Easy)

A sandy track follows Darby River as it winds its way to the coast. The small exposed beach is embraced at both ends by rocky headlands. Please stay on the beach and avoid climbing fragile sand dunes. *Access from Darby River car park.*

Short Walks in the North

14. Millers Landing Nature Walk (2 km, 40 mins. Easy)

Starting at Five Mile car park, turn left just after the management gate. This delightful walk meanders gently downhill through open banksia and stringybark woodland to Millers Landing. Located on the southern coast of Corner Inlet, the Landing protects the southernmost stand of mangroves in the world.

15. Vereker Outlook (3 km, 1 hour. Moderate)

Starting at Five Mile car park, the track winds through open banksia woodland. Panoramic views to Darby Saddle, Corner Inlet and Cotters Beach are offered as the track climbs through stringybark forest and a tumble of granite boulders.

16. Millers Landing Link Track (1 km, 20 mins. Easy)

Winding through open heathy woodland, this short track provides great wildflower spotting opportunities and allows the visitor to combine both the Millers Landing (walk 14) and Vereker Outlook walk (walk 15). The link track can be approached from either end.

17. Big Drift (2 km, 40 mins. Moderate)

Starting at Stockyard Campsite near the park entrance, follow the signposts to the northern flank of Big Drift, an extensive series of inland sand dunes. It's easy to get lost in Big Drift. On windy days your tracks will be quickly erased. Be careful to mark your path to find the track out again. *There is no beach access from Big Drift.*

18. Shallow Inlet (400 metres, 15 mins. Easy)

Commencing at Hourigan Camp Lane at the northern tip of the Prom, this short walk provides beach access to Shallow Inlet via a sheltered gully of coastal tea-tree and swamp paperbark.

19. Woodland Walk

(7.6 km return, 2.5 hours. Moderate)

Located behind the wildlife viewing area, this walk provides perfect opportunities to view native wildlife including kangaroos, wallabies, emus and wombats.

Day walks

Plan carefully to ensure that you have enough daylight to complete these walks.

20. Picnic Bay, Squeaky Beach, Tidal Overlook, Lilly Pilly Gully car park

(6.6 km, 3.5 hours).

This spectacular two beach walk combines all the features of walks 5 and 6 allowing the walker to fully experience the beauty of both land and sea at the Prom. Travel alternates between track and beach walking. The walk can be done in either direction however a car shuttle is required.

21. Darby Saddle To Tongue Point

(5.6 km, 2.5 hours. Moderate / Hard)

Tongue Point is a coastal headland jewelled with tumbled stacks and boulders of weathered granite. The Darby Saddle track provides spectacular coastal and forest scenery. At 2.1km a side track (300 metres) leads to Sparkes Lookout which offers views as far as the pyramid-shaped Rodondo Island in the south and Shallow Inlet in the north.

After the turnoff, the main track climbs steeply to Lookout Rocks, a vantage point offering views across to Norman Island. From here the track descends steeply through low heathland joining the Darby River track and continuing to Tongue Point. The track ends prior to the semi-attached island. *For your safety don't attempt to cross over to it.*

22. Darby River to Tongue Point

(3.8 km, 2 hours. Moderate)

Start at the southern end of Darby River car park. Offering magnificent views of Darby Swamp, Vereker Range and Darby and Cotters Beach, this walk climbs gently through wind swept coastal vegetation before following the headland towards Tongue Point. The track ends prior to the semi-attached island. *For your safety don't attempt to cross over to it.*

23. Darby River, Fairy Cove, Tongue Point, Darby Saddle

(9.4 km, 3 - 3.5 hours. Moderate / Hard)

This track combines all the features of walks 21 and 22, allowing the visitor to fully enjoy the stunning Tongue Point coastal area. The walk can be done in either direction however walkers will need to organise a car shuttle.



Common Wombat. © MT

For further information

Parks Victoria
Information Centre

Call **13 1963**

or visit the

Parks Victoria website

www.parks.vic.gov.au

Tidal River Visitor Centre

(03) 5680 9555

7 days, 8.30am - 4.30pm

Visitor Information Centres

To find out about other attractions in South Gippsland or to book accommodation

outside the Prom, visit

www.visitpromcountry.com.au

or contact the Prom Country

Information Centre

1800 630 704 or

(03) 5655 2233

7 days, 9am - 5pm

Temporary Closures at the Prom

On 22 March 2011, Wilsons Promontory National Park was subjected to major widespread flooding which caused extensive damage throughout the park.

The following roads, tracks and visitor facilities still remain closed until necessary flood repair works are completed.

Around Tidal River

- Loo-Ern Boardwalk and fishing platforms
- Tidal River boat ramp (closed to motorised vehicles and powered boats)
- Mt Oberon Road
- Telegraph Saddle car park
- Picnic Point
- Whisky Bay car park and beach access track

Southern Prom

- Telegraph Saddle to Sealers Cove track
- Telegraph Track between Telegraph Saddle & Telegraph Junction
- Telegraph walking track (Martins Hill to Telegraph Track)

Northern Prom

- Cotters Lake and Cotters Lake track
- Johnny Souey Camp
- Lighthouse Point to Tin Mine Cove track

Overnight hiking

A number of overnight hikes have reopened in the southern and northern regions of the Prom. Bookings are essential and an overnight hiking permit is required before departing. For more information please refer to the *Overnight Hikes* park note.

The Prom provides some of Victoria's best coastal overnight or multiple night hiking opportunities. Hikers must be self sufficient as only basic camping facilities are provided in remote areas. Carry plenty of drinking water with you and know how to make untreated water safe for drinking.

Hiking trails in the south take intrepid walkers past sheltered turquoise bays, where eucalypts tower over white sandy beaches. Tracks are well defined and toilets are available at all campsites.

The northern section of the Prom offers a remote wilderness experience. Hikers require navigation skills to traverse less defined trails that link campsites. Please talk to Parks Victoria staff before departing.

For Your Safety

- "Let someone know before you go". Tell a responsible friend or family member of your planned itinerary
- If you require emergency assistance phone 000 for Police, Ambulance or Fire or contact Parks staff on (03) 5680 9525
- A public phone is located beside the Tidal River Store
- Mobile Phone coverage cannot be relied upon within the national park
- Stay on walking tracks to avoid getting lost
- Carry drinking water and waterproof clothing

Living lightly at the Prom

Help us look after this magnificent park by following these guidelines:

- Firearms and dogs, cats and other pets are not permitted in the park.
- All plants, animals, other natural features and cultural sites and features are protected and must not be disturbed or removed.
- Fires (including solid fuel 'heat beads') are not permitted in the park.
- Use a gas or liquid fuel stove for cooking. Free gas BBQs are available in the picnic areas at Norman Bay and Tidal River.
- It is an offence to feed, offer food or leave food out for wildlife. Feeding wildlife is not only bad for their health – it could also be bad for your pocket, as a penalty applies.
- Ensure that all food is securely stored, preferably in your vehicle if camping.
- Please separate recyclable material from rubbish and ensure that all rubbish, including food scraps, is disposed of in the appropriate bins.
- Fishing is only permitted in certain areas. A recreational licence is required and can be purchased at the Tidal River Visitor Centre.
- Use water wisely at the Prom.
- Stay on walking tracks to prevent erosion and damage to plants
- Bicycles are not allowed on any walking track or management vehicle track

Park notes available:

- *Wilsons Promontory Visitor Guide*
- *Tidal River Camping and Accommodation Guide*
- *Wilsons Promontory Marine National Park – Victoria's Blue Wilderness*
- *Overnight Hikes*

Please do not throw this park note away.

Keep it, return it for others to use, or recycle it

Healthy Parks Healthy People

Visiting a park can improve your health, mind, body and soul. So, with over four million hectares of parkland available to Victorians, why not escape to a park today!



Healthy Parks
Healthy People®